



# *Individual Coaching to Support Work and Financial Independence*

Jaana Watt, Crisis, UK



FEANTSA 2014 Policy Conference  
Confronting homelessness in the EU:  
Seeking out the next generation of best practices

A stylized, light blue house icon with a chimney, positioned in the upper right corner of the slide. It is partially enclosed by a curved, light blue line that sweeps from the top right towards the center.

“Coaching focuses on future possibilities, not past mistakes”

“Unlocking a person's potential to maximise their own performance, helping them to learn rather than teaching them”

Gallwey, 2000

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# The approach

- ⌘ Find out ***what matters most*** to the client
- ⌘ Find out the client's ***abilities*** and ***strengths***
- ⌘ Both coach and client having a clear understanding of the client's ***bigger picture***
- ⌘ Knowing how to link both of the above to your organisation's ***offer***



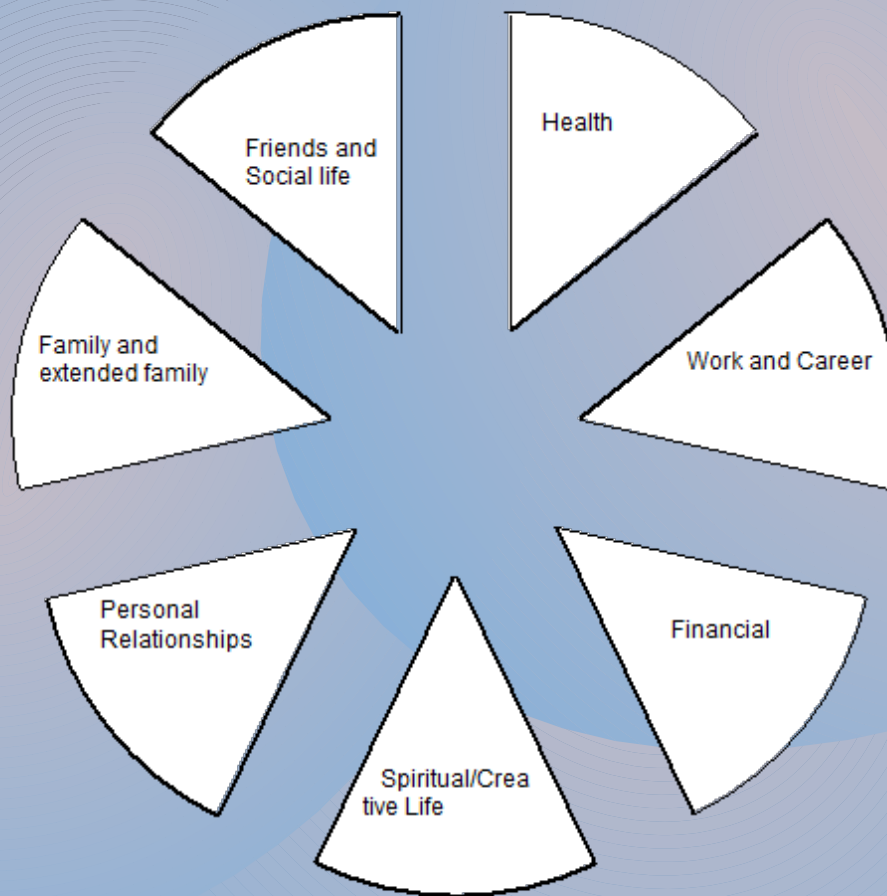
# Why Coaching?



- ⌘ Builds confidence, self esteem, motivation
- ⌘ Increases ownership and responsibility
- ⌘ Builds capability and commitment
- ⌘ Supports sustainability
- ⌘ Enables clients to identify what they need to change and how to deal with the change



## Wheel of Life



# How did that feel?

& Coaching can be a challenging process for clients to go through

& We expect a lot from our clients – why should do **co-coaching** to understand how it feels



# Case Study: Bobby

- & 2 years at Crisis – lots of courses
- & Night Shelter / Sofa-surfing
- & Always late & very anxious
- & 2 week work trial
- & Manager of a warehouse
- & Got own flat and sustained

# Employment Outcomes

- ⌘ 266 people into work July 2013 – June 2014
- ⌘ Very wide range of jobs





# Any questions?



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