

14. a cultural position.

Assuming the importance of uselessness and that the care-worker presence is not a sufficient nor a necessary condition by itself to change people, it means involving and defining a cultural and ethic position. Without a cultural assumption concerning the process of awareness and the effort toward an inner consciousness, all words risk to sound quite empty.

The $E = mc^2$ approach suggests that the context and the person are closely related. Their way is reciprocal, and their mutual influence is exponential.

Except the ones who pretends to have the ability of changing people just by their self presence, the rest of us should focus on their competence and on the context.

The context is everywhere. The world is not only an hoister, it is also a never ending setting. With us being the sole and unique fact we are directly responsible for, offering a prospect to produce a significant change. Everywhere is a setting. When the setting is a constant, the care-worker is assumed as steady, then the lasting variable is the desire of the person-in-need to drive its own change, to address its own recovery. The desire is in the other. Even if what one desires is the desire of the other, still the change in the other is under his/her duty.

This means we should set up environments where a person can be confident enough to start working on its own structure. When the person-in-need becomes the subject of its own search for change, something can happen. When a person becomes finally the conscious subject of its own speech, new perspectives open up. Only the red pill that allows to see the matrix⁴¹.

⁴¹ Ref.: “*The matrix*”, 1999, a movie by Lana and Andy Wachowski

This is proper to see some variations in the essence and the quality of life of people.

It is as proper as it is the base on which the universe seems to work, as Einstein showed us almost a century ago. As it is clearly stated in the de-institutionalisation principles, by the right-based approach and the inclusive approach in disability.

To handle with care: these formulas don't apply to the surface but to the essence.

The prerequisite is that the cultural environment is ready to take the floor and see people under relative lens.

Otherwise, power-trips, also known as the search for power, of which the western culture is abundant, will contaminate this approach, and the only innovation would be new given-names to the “good-old” request of compliance.

In our metaphor, 1905 was the year when the multi-dimensional approach appeared.

Given the structural complexity of individuals, it is useless to unilaterally define how one of the two parts of the care-giving relation should make its way, specially if the reference system comprehends both relational parts.

If ones does it unilaterally, the self-centeredness is more than a possibility. It is fine only for who feels comfortable with the “über alles” position.

To avoid this, and other ambiguous situations as well, is the reasons for which there are supervisions, which allows an ex-post evaluation, a redefinition of what already happened from other perspectives. An opportunity to question our inner world before a given circumstance and/or situation will happen again. An occasion to stop the chain of repetitions. A chance to influence the change in other people with starting by being disposable to question ourselves, and to change us first.