

## 25. conclusions and principles.

... there is in the world one road whereon none may go,  
except thou: ask not whither it lead, but go forward...<sup>87</sup>

I must reveal that I don't know if all these words make a complete sense or not.

What I know is that to me they sounds as an easy way to define a complex issue as fostering the grammar of desire within the offer of care-work to individuals with disabilities, victims of violence, experiencing severe condition of social deprivation, poverty and homelessness, and human in general.

In 1919, Sir Eddington led expeditions aiming to observe solar eclipses and thereby test an experimental prediction of Einstein's theory of general relativity.

When a journalist asked Einstein what he would do if Eddington's observations failed to match his theory, Einstein replied: «Then I would feel sorry for the good Lord. The theory is correct.»

Similarly, the concept of reality check, which I learnt from Latin teacher, reminds me that there is no much sense in having to invent reality in front of our eyes.

There is actually no real need to prove with numbers and facts what reality is dramatically displaying in front of everyone since the time of our ancestors: the reciprocal connections between the essential quality of life of a person, the individual structure, the degree of the balance between body and whatever name the soul, mind and inner world might take, the context and the physical place one lives in, the responsibility of the context on achieving general results.

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<sup>87</sup> Ref.: F. Nietzsche, *Schopenhauer as educator*, 1874

Each person is part of the context. It implies the importance of each singular way of unconsciously handling the grammar of desire.

There is no absolute grammar that might be taken as valid for all, but every one can contribute to discover its own instead. Working with individuals and groups allows to be in touch with some of these grammars, with some of its phrases, which all together draw interesting speeches.

There is always so much to learn, so much to discover and rediscover. So much to learn, and to dis-learn, because life is a journey of constant recovery.

There are many things that children know; many that got lost in the way, often being replaced by what are called “cultural values”.

What people often forget is that culture is never static, and that everyone can influence it and sometimes change it, if the process starts within oneself.

People often wish to recall that ability that children have: to see things as simple as they are within their complexity. To get to that point, a serious preparation is necessary.

There is nothing to be invented. Many to consider. Many to be aware of. So it is better to feed continuously our knowledge.

Like children know, there is always something worth grasping.

As children understand, playing is a proper way to assimilate skills. The world is not just an oyster, it is also a playground all around us, between us and the others.

Each person can discover how to perceive the context, how to feel confident and comfortable about it.

This implies the importance of being confident with intuitions and emotions. Instinct is something everyone has from its birth.

Emotions are just emotions. Everyone can learn to live them fully, to enjoy them all.

This leads to familiarize with our body. Body is the precious home for

spirit and soul. Sometimes it is a place to start to taste the oyster from. Body is the dome, the temple where all energies spin, move, congregate, talk.

Our ancestor knew that, as they gave the mean “activity” to the word “*enérgeia*”. The true sacrality of life already stands here.

Body and soul, mind and stomach, emotions and ratio are part of the same experience we call life, and the individual is the third element that can create the perspective, and find its meanings.

Body is energy.

Bodies talk and bodies hear. Body is a language. And the ears, with which a person can learn to listen.

Like an experienced beginners, one can consider every time as the first time, and keep memories of it. Memories are precious if one wants to learn from history.

History teaches not to worry about repetitions, but to read their precious hidden speeches instead, their hidden grammar.

Without fear for repetitions, one can learn not to be afraid of reality. There is nothing to be structurally afraid of.

One can learn to leave the judgements and values for the aesthetic. If one doesn't fear prejudices, they might become precious allies to support in moving within reality. And between reality and what is real, in perceiving what it is real.

Real, reality and realistic often play and dance together; it is essential to check reality and call things with their given names.

Another knowledge that children keep as a secret while adults tend to forget is to read the invisible, and to build new perspectives upon the invisible.

Every adult was once a child, so there is a way for each person to recall this intuitions, and to be able not to be frightened by chaos. From subatomic level onward, everything involves a certain degree of chaos and emptiness. It might sound frightening, but it is safe to familiarise with own emptiness and non-existence.

When we are in peace with chaos and emptiness, there won't be much reason to fear for uselessness. Furthermore, everyone knows that no one can change other people except themselves.

Keeping in mind the “socks dilemma” each time you meet the other, might help to foster curiosity, which is a basic evolutive instinct. As Dorothy Parker once said, the cure for boredom is curiosity, while there is no cure for curiosity.

Everyone has something to teach. If one is open, there might always be a gift waiting to be received, a present worth receiving. A present worth living in.

Learning to fully live the present is worth a try to be in peace with oneself, with one's past. A way to get ready for the future.

It is like emotions, communication, heart beats, and the grammar of desire: no one can live without it. Simply because what one desires is the desire of the other. Simple. Evident.

Every relation can suggest, recall and evoke something about oneself. It is nothing personal. It is precious. It might hurt, but it is salvific.

Few people are brave and lucky enough to meet their destiny, to become who they are.

When the direction is on the floor, one can look at own competence.

Everyone has only one truly competence, which is to be competent on its own competence.

Care-work is a very serious profession. There is so much to dis-learn while walking in an ever-lasting learning process. It can become a serious work of art.

Doing the right thing is something everyone can learn how to do.

Doing things wrong and keep life going, risking the error, failing and raising; that is the real job.

For doing so, one should leave guilty to religions, as responsibility is just waiting to take the floor.

Sometimes or another, it might be safer to question our own security.

If one takes a look deep inside, he/she will realise that there are no need to push forward: life is there, in constant moving.

And if one doesn't run for safety, an empty space might be preserved to be amazed.

Ancestors spoke about a mysterious strawberry hidden somewhere in an inner mine. There are no given directions that help to reach it, not even mainstreamed majority routes.

One can challenge its own creativity: just a path through the inner world will allow a person to get closer to that position.

From that position, one might look for and, occasionally, find an inner strawberry.

And taste how sweet it could be.

Why being sorry then? The approach is correct. People comes first.

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